



Atawhai Assisi

An outreach of the Methodist Church of New Zealand

ASSISI RETIREMENT VILLAGE NEWS SEPTEMBER 2024

Well, another month has flown by and where has it gone. It's nice to have Bob and Sharron home again after eight weeks of being away as well as Malcolm and Heather back after three weeks. We all hope that you enjoyed your time with your families. David McGeorge has told me that all the remaining villas have now got people allocated to them so over the next few months, there may be a lot more people to welcome to our village.

One of our residents, Jeanette Hellier is temporarily in the rest home so, if you have a spare few minutes, I'm sure she'd love to see you. See her husband, Brian for her room number. Hopefully she'll be home in the next few weeks.

The Assisi Olympics

Introducing our team.....The Village People!



The Team....

Linda

Brian

Glennis



Vivienne



Jeanette



Sue



Suné

Suné very competently led the team and as you can see, they all tried so hard to win but unfortunately, it was not to be. We played by the rules, played our hearts out but got beaten by all the other teams competing..... Hospital, Rest Home and Day Patients teams. We had some great playing actions, fabulous

expressions but still couldn't beat them. Oh well... congratulations to the other teams. I know our Village People Team had a fabulous time and enjoyed the lunch and afternoon tea. Thanks to those who organised it – Suné and co. and also thanks to the kitchen staff who provided lovely food. Also, thanks Sue who made the yellow and black scarves for the team.

Green Fingers Garden Club



The garden is doing well. There are no bugs on the plants and they are looking so healthy. Please keep an eye on the veges as the cabbages and caulis will soon be ready for picking. The broccoli has done well and is still going so please keep cutting the sideshoots.

Soon we'll be purchasing seedless grape vines (a red and green) and also a passionfruit vine. The ties and wires have already been purchased and they

will be attached to the fence in due course. We'll need to think about what we want/can afford for the garden e.g. what summer plants we want to grow, a watering system for the existing garden. This may most probably mean an increase in the per person subs to the garden club but that will need to be decided by the members at a meeting to be held soon. With new residents coming in, space will be at a premium so if we can think outside the square about planting methods and if anyone has spare space in their garden which they are happy for us to utilise that would be great. Thanks to Vivienne and her daughter, Tracy, who last year planted pumpkins in Vivienne's garden and allowed us to benefit from some the produce thereof.

Malcolm and Lyall have nearly got the shelves ready to go into the garden shed and they will be installed in the next few days. We are still waiting on management to connect taps to the already laid hose. Hopefully this will be done shortly.

Garden Message from Sandra

I have been able to get some more coloured bark to refurbish your gardens. I hope to have completed everyone's garden before I go on holiday. Just a quick reminder, I am away from 6th September until 7th October visiting my children in Australia. While I am away, the Tamahere team will be coming over to mow the lawns. As for the rubbish/recycling and green waste collections, David C (Assisi's van driver) will be doing this job. This means the collections will occur between 10am to 2pm, as this is when he is on site. If he is unable to do the collections due to being booked to take people to appointments, the collections will be done by the Tamahere team or another member of the Assisi staff. Hopefully it all goes smoothly for you all.

Have a wonderful month and enjoy the first month of spring. If you haven't already seen, there are little lambs in the paddocks just across the road.

Just a little something to think about... *"Weeds are nature's graffiti"* – Janice Maeditere

See you amongst the weeds.

Sandra

Assisi Chapel Services



Everyone is welcome to the following sessions.

Bible Study

<u>Date</u>	<u>Time</u>	<u>Venue</u>
Monday, 2 nd 16 th	11.00am	Chapel
Monday, 9 th 23 rd	3.00pm	Hata Dining Room (Rest Home)

Discussion Group

Wednesday, 18 th	11.15am	TBA
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Combined Church Service

Monday, 23 rd	11.00am	Hospital
Tuesday, 24 th	11.00am	Chapel

Catholic Mass

Wednesday, 4 th 11 th 18 th 25 th	10.30am	Chapel
Saturday, 7 th 14 th 21 st 28 th	10.30am	Chapel
Sunday, 1 st 8 th 15 th 22 nd 29 th	10.45am	Chapel

Daffodil Picking Day



A group of us volunteered to pick daffodils in Cambridge in aid of the Cancer Society. We were really lucky with the weather as it was a beautiful morning. There were other people there as well as us – about 25-30 in total and Rod gave us instructions of how to pick the daffodils and lay them in the buckets. It didn't take long as he said there weren't as many daffodils to pick as normal. We had some very good support staff – see below!!



Suné is putting Assisi's name down to help next year as well. It was a great morning. As we were such good pickers, we finished much earlier than expected so headed off to "The Bikery" café at the Velodrome for a coffee followed by a viewing of the cycle track. It was amazing how steep it was to see in real life as on tv you don't get the full effect of the steepness. Anyway, a good morning was had by all. Thanks to Suné for organising the event, driving us and also for the photos.

Games Afternoon



The games afternoons have been very well attended by a regular 8 or 9 people who really enjoy it. As Jeanette has been laid up for a while, Glennis has kindly offered to manage the event in her absence.

The games time is changing effective 4th September to the new time of 1.30pm to 3.30pm on Wednesdays. Please note that on 4th September the games will be held in the Library as the Barn has been booked for computer training by the hospital/rest home. It will return back to the Barn on 11th September. I advised those who were at the games afternoon on 28th August of the alteration to 4th September.

Barn/General Notices

I have been advised of the following bookings/closures of the various venues as follows.

<u>Date</u>	<u>Venue</u>	<u>Time</u>
Tuesday, 3rd September	Chapel	10.30am – 11.30am
Some children from Matangi School will be singing in the chapel and everyone is welcome to attend		
Tuesday and Wednesday 3rd and 4th September	Barn	9am – 3.00pm on both days
Computer training for hospital and rest home staff		
Friday, 20th September	Cultural Week	10.30am – 12.30pm
This is subject to change but Suné will advise accordingly		
Saturday, 21st September	Barn – 100 th Birthday celebration	11.00am – 4.00pm

Villa Residents' Lunch



Bob and Sharron asked Suné not to go to Matte Black at the St Andrews Golf Course for our village lunch until they got back from overseas and guess what happened when they got home. Bob and Sharron had to work that day and missed out on lunch. I've got the photo to prove how disappointed they were to miss it. Never mind guys, perhaps you can make to next one. I do need to say that lunch was lovely. The lunch for September will be on 27th September with the usual meeting time of 11.30am at reception while the venue is yet to be decided upon.

Drinks in the Barn



Another very successful drinks afternoon in the barn was held on Friday, 2nd August. The Ukelele Group from Tamahere were invited to join in and they played and sang a number of songs from our era. They were absolutely fabulous. It was our pleasure to have them partake in our drinks afternoon and hopefully they can join us again soon. Keith, the gentleman third from the right, made some of the ukuleles – a truly talented man. It was great to make some friends from Eventide and the more events we can all join in together, the further it will cement friendships. Thanks for coming over the Eventide

Ukelele Group. Our next drinks in the barn will be on Friday, 6th September at 3.00pm.

Girls Day Out – Message from Glennis

This time we are going to the Hamilton Gardens and Café on Friday, 13 September. The men are also more than welcome to join us this time. We're going to have a coffee before viewing the gardens and then lunch afterwards. See the timetable below. As from 18th September, for people living outside the Hamilton City Council limits, there will be an entry charge (about \$19.00 per person for seniors) to all the enclosed gardens. So, this could be the last opportunity to view them free and see the new entrance which looks quite impressive.

It's too tricky to get there by public transport so I suggest we carpool. I'm happy to take my car and I can put walkers in my boot. The plan of attack is:

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| 10.00am | Meet at the car park and depart from Assisi |
| 10.15am | Meet at the Gardens Café for a coffee before we start our walkabout |
| 10.45am | Look through the gardens or laze in the sun. There's a mobility scooter available for two hours and three wheelchairs available but you will need to book these in advance and in the case of the wheelchairs, you will need someone to push you. |
| 12.15 | Meet at the café for lunch |
| 1.45pm | Head home or continue viewing the gardens |

Please let me know if you'd like to come. The more the merrier. Glennis

Dart Board



Yes folks, we now have a dart board and pool cues installed for us. Thanks David. There are darts in the storeroom and I understand they are going to be put somewhere close to the dart board for easy access.

This could be an opportunity to combine darts and pool on a Tuesday afternoon???

Notices from Eventide, Tamahere



The Residents' Committee from Eventide, Tamahere are inviting the Assisi villa residents to join them to watch a free fashion parade on Tuesday, 17th September at 2.00pm in their Community Centre. Dani from the Chartwell branch of Caroline Eve will be presenting the fashion parade and it will feature their spring range of clothing. If you're

interested, let me know and we can car pool.



The Mid-Winter Christmas Lunch at Tamahere was attended by Myf, Linda, Vivienne, Lyall and myself. The food was absolutely lovely and as you can see for yourself that the dessert was divine. Brandy snap, pavlova and meringue with cream and a cherry on top.

Lyall and I will definitely be putting our name down for next year and for a cost of \$35 per person, it was a real bargain. Well done to the catering staff, servers and let's not forget the organisers/residents' committee for hosting us. It was a true success and thank you.

Jokes

An old man and a 20 year old are paired together at a golf tournament. They're playing a long par 5 that dog legs around some tall trees. As the 20 year old sets up his tee shot to hit onto the fairway the old man notes "when I was your age we used to hit over the trees - not around to the side."

So the 20 year old readjusts and tries to hit over the trees - but can't clear them and loses his ball. He tries again and loses that one too...

Then the old man says "of course, when I was your age, the trees were only 6 foot tall."

Summer Salad



Black Olives – pitted

Cucumber – seeded and cut diagonally

Tomato – seeded and cut into 2cm pieces or cherry tomatoes

Feta – crumbed or Colby cheese

Celery – sliced on the diagonal into 2cm pieces

Capsicums – red and orange cut into 2cm pieces (or colours of your choice)

Pasta Shapes of your choice – 1½-2 cups cooked and cooled

Spring Onions – cut into 2cm pieces

(You can add any salad ingredients you have in your fridge if you want to)

Mix all the vegies and pasta together then add an Italian or oil-based dressing just before serving.

(The photo is just an example)

As usual, if there is anything you want put in the newsletter, please let me know.

Well folks, another newsletter comes to an end and I hope it finds you all fit and well. Until next time keep warm and dry.

Allison Gallagher

Assisi Retirement Village – Calendar of Events – September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Catholic Mass 10.45am Chapel	2 Crafts in the Barn 9.30am – 1.00pm Bible Study 11.00am Chapel	3 Strength & Balance 1.30pm – 2.00pm Rehab Room Bowls/Darts/Pool 3.00pm – 5.00pm	4 Catholic Mass 10.30am Chapel Games in the Library 1.30pm – 3.30pm	5 Strength & Balance 1.30pm – 2.00pm Rehab Room	6 Drinks in the Barn	7 Catholic Mass 10.30am Chapel
8 Catholic Mass 10.45am Chapel	9 Crafts in the Barn 9.30am – 1.00pm Bible Study 3.00pm Hata Dining Room Movie & Fish & Chips In the Barn 5.15pm	10 Strength & Balance 1.30pm – 2.00pm Rehab Room Bowls/Darts/Pool 3.00pm – 5.00pm	11 Catholic Mass 10.30am Chapel Games in the Barn 1.30pm – 3.30pm	12 Strength & Balance 1.30pm – 2.00pm Rehab Room	13 Glenniss' Lunch Day Out 10.00am Onwards	14 Catholic Mass 10.30am Chapel
15 Catholic Mass 10.45am Chapel	16 Crafts in the Barn 9.30am – 1.00pm Bible Study 11.00am Chapel	17 Strength & Balance 1.30pm – 2.00pm Rehab Room Bowls/Darts/Pool 3.00pm – 5.00pm	18 Catholic Mass 10.30am Chapel Discussion Group 11.15am TBA Games in the Barn 1.30pm – 3.30pm	19 Strength & Balance 1.30pm – 2.00pm Rehab Room	20	21 Catholic Mass 10.30am Chapel
22 Catholic Mass 10.45am Chapel	23 Crafts in the Barn 9.30am – 1.00pm Combined Church Service 11.00am Hospital Bible Study 3.00pm Hata Dining Room	24 Combined Church Service 11.00am Chapel Strength & Balance 1.30pm 0 2.00pm Rehab Room Bowls/Darts/Pool 3.00pm – 5.00pm	25 Catholic Mass 10.30am Chapel Games in the Barn 1.30pm – 3.30pm	26 Strength & Balance 1.30pm – 2.00pm Rehab Room	27 Villa Lunch Out 11.30am – 1.30pm Approx	28 Catholic Mass 10.30am Chapel
29 Catholic Mass 10.45am Chapel	30 Crafts in the Barn 9.30am – 1.00pm					